

# aposta bet net

After 50 days on Limbo, I've lost more than 9 kg; the weight I've struggled to lose for about six years. Clothes that still had labels on them, hanging in my wardrobe, have been worn. The Spanx have been relegated to the back of the wardrobe for now. I've changed how I eat and when.

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Limbo: No calorie-counting, just gentle nudges into healthier eating habits

irishtimes : technology : 2024/08/17 : limbo-no-calorie-counti...

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Single-Player	Polled	Average
Main Story	2.9K	3h 39m
Main + Extras	1.1K	4h 19m
Completionist	359	7h 14m
All PlayStyles	4.3K	4h 7m